

## **CLEANLINESS**

Whosoever hath impurity upon his clothing, his prayer will not ascend to God, and the Heavenly Concourse will shun him.

(Bahá'u'lláh: Bahá'í Proofs, Page: 87)

Make use of rose-water, and also pure attar. This is what hath been pleasing to God from all eternity, so that what is wished by your Lord, the Mighty, the Wise, may to be diffused from you...

(Bahá'u'lláh: Bahá'í Proofs, Page: 87)

My meaning is this, that in every aspect of life, purity and holiness, cleanliness and refinement, exalt the human condition and further the development of man's inner reality. Even in the physical realm, cleanliness will conduce to spirituality, as the Holy Writings clearly state. And although bodily cleanliness is a physical thing, it hath, nevertheless, a powerful influence on the life of the spirit. It is even as a voice wondrously sweet, or a melody played: although sounds are but vibrations in the air which affect the ear's auditory nerve, and these vibrations are but chance phenomena carried along through the air, even so, see how they move the heart. A wondrous melody is wings for the spirit, and maketh the soul to tremble for joy. The purport is that physical cleanliness doth also exert its effect upon the human soul.

(Selections from the Writings of 'Abdu'l-Bahá, Page: 146)